IC 4-15-13

Chapter 13. Wellness Programs

IC 4-15-13-1

"State agency"

Sec. 1. As used in this chapter, "state agency" has the meaning set forth in IC 4-15-2.2-9. However, the term includes the state police department.

As added by P.L.32-1989, SEC.2. Amended by P.L.24-1991, SEC.1; P.L.100-2012, SEC.3.

IC 4-15-13-2

Powers of state agencies

Sec. 2. A state agency may:

(1) develop a wellness program;

(2) implement a wellness program; or

(3) participate in an established wellness program;

for state employees on state property or elsewhere for the purposes described in section 3 of this chapter.

As added by P.L.32-1989, SEC.2.

IC 4-15-13-3

Purposes of program

Sec. 3. A wellness program may be conducted to do any of the following:

(1) Reduce state employee:

(A) absenteeism;

(B) stress; or

(C) health insurance premium costs.

(2) Assist a state employee to improve personal health by establishing a health plan that may include the following:

(A) Weight reduction.

(B) Smoking cessation.

(C) Fitness counseling.

(3) Prevent drug or alcohol abuse by state employees.

(4) Treat and rehabilitate state employees who abuse drugs or alcohol.

As added by P.L.32-1989, SEC.2.

IC 4-15-13-4

Permission for state employees to participate

Sec. 4. A state agency may permit a state employee to participate in a wellness program.

As added by P.L.32-1989, SEC.2.