

**144B.1 Definitions.**

For purposes of [this chapter](#), unless the context otherwise requires:

1. “*Attorney in fact*” means an individual who is designated by a durable power of attorney for health care as an agent to make health care decisions on behalf of a principal and has consented to act in that capacity.
2. “*Designee*” means a person named in a declaration under [chapter 144C](#) that is contained in or attached to a durable power of attorney for health care.
3. “*Durable power of attorney for health care*” means a document authorizing an attorney in fact to make health care decisions for the principal if the principal is unable, in the judgment of the attending physician, to make health care decisions.
4. “*Health care*” means any care, treatment, service, or procedure to maintain, diagnose, or treat an individual’s physical or mental condition. “*Health care*” does not include the provision of nutrition or hydration except when they are required to be provided parenterally or through intubation.
5. “*Health care decision*” means the consent, refusal of consent, or withdrawal of consent to health care.
6. “*Health care provider*” means a person who is licensed, certified, or otherwise authorized or permitted by the law of this state to administer health care in the ordinary course of business or in the practice of a profession.
7. “*Principal*” means a person age eighteen or older who has executed a durable power of attorney for health care.

[91 Acts, ch 140, §1](#); [2008 Acts, ch 1051, §4, 22](#)

Referred to in [§141A.1](#), [§231E.3](#), [§321.189](#)